




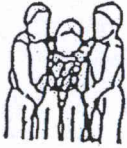




TWO PERSON CARRY FORE & AFT

- * PERSON IN MOTORIZED WHEELCHAIR
- * PERSON WITH LIMITED WALKING ABILITY
- * NARROW STAIRWELL

TWO PERSON CARRY SIDE BY SIDE

- * PERSON IN MOTORIZED WHEELCHAIR
- * PERSON WITH LIMITED WALKING ABILITY
- * WIDE STAIRWELL

<p>1.</p> <p>ONE HELPER REACHES UNDER ARMS AND GRASPS THE INDIVIDUAL'S RIGHT WRIST WITH THEIR LEFT HAND AND LEFT WRIST WITH THEIR RIGHT HAND.</p> 	<p>1.</p> <p>HELPERS POSITION THEMSELVES NEXT TO THE WHEELCHAIR AND GRASP THE OTHER PERSONS UPPER ARM OR SHOULDER</p> 
<p>2A.</p> <p>IF THE DISABLED PERSON IS ABLE TO SEPARATE THEIR LEGS, THE OTHER HELPER STANDS BETWEEN THEIR LEGS AND LIFTS JUST ABOVE THE KNEES.</p> 	<p>2.</p> <p>THE DISABLED INDIVIDUAL PLACES THEIR ARMS AROUND THE HELPER'S NECKS.</p> 
<p>2B.</p> <p>IF THE DISABLED PERSON CAN NOT SEPARATE THEIR LEGS, THE HELPER STANDS ALONG SIDE AND CARRIES FROM THAT POSITION.</p> 	<p>3.</p> <p>THE HELPERS THEN LEAN FORWARD AND PLACE THEIR FREE ARM UNDER THE INDIVIDUAL'S LEGS AND FIRMLY GRASPS EACH OTHER'S WRIST.</p> 
<p>3.</p> <p>HELPERS CONTROL THE DESCENT BY BENDING LEGS SLOWLY AND KEEPING THE BACK ERECT.</p>  <p>IMPORTANT: NEVER LEAVE EMPTY WHEELCHAIRS IN STAIRWELLS!</p>	<p>4.</p> <p>THE HELPERS DESCEND THE STEPS AT THE SAME TIME.</p>  <p>IMPORTANT: NEVER LEAVE EMPTY WHEELCHAIRS IN STAIRWELLS!</p>

IMPORTANT INSTRUCTION FOR PEOPLE WITH RESTRICTED MOBILITY

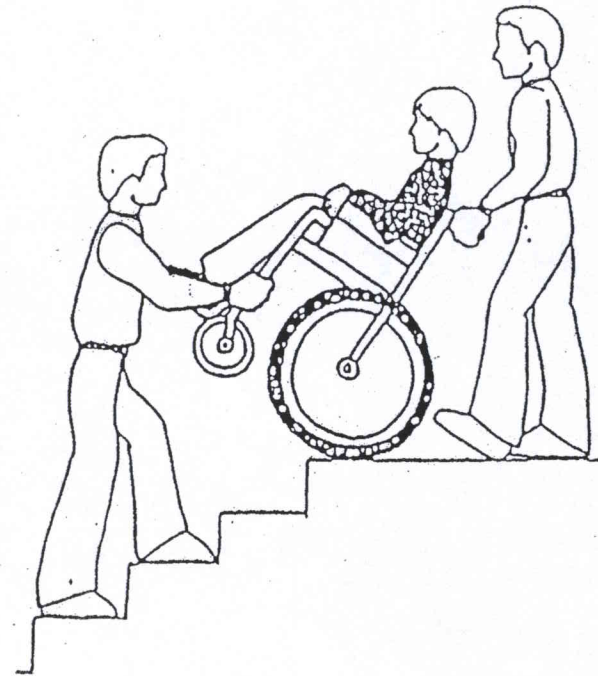
EMERGENCY EVACUATION PROCEDURES FOR DISABLED INDIVIDUALS

ALWAYS.....

1. HAVE THE FIRE DEPARTMENT EMERGENCY NUMBER BY YOUR TELEPHONE.
2. WHEN MAKING A FIRE OR MEDICAL EMERGENCY CALL TO LOCATION AND DESCRIBE YOUR SITUATION.
3. KNOW THE LOCATION OF THE NEAREST FIRE ALARM PULL STATION AND HOW TO USE IT.
4. KNOW THE LOCATION OF THE EXIT AND ALTERNATIVE EXIT DURING AN EMERGENCY EVACUATION. ALWAYS KNOW OF MORE THAN ONE EXIT.
5. NEVER USE ELEVATORS DURING A FIRE.
6. INSTRUCT CO-WORKERS OR NEIGHBORS ON HOW THEY CAN ASSIST YOU.
7. HAVE AN EVACUATION PLAN AND PRACTICE IT.

REMEMBER.....

IN AN EMERGENCY, DO NOT HESITATE TO INFORM OTHERS THAT YOU NEED ASSISTANCE DURING AN EVACUATION. TELL THEM WHAT YOUR CONDITION IS AND BE PREPARED TO GIVE INSTRUCTION. USE THIS PAMPHLET AS A TRAINING AID.



DEVELOPED THROUGH THE COOPERATIVE EFFORTS OF

LOS ANGELES CITY
FIRE DEPARTMENT
200 N. MAIN ST. L.A. CA. 90012

IN CHAIR EVACUATION

* PERSON IN NON-MOTORIZED WHEELCHAIR

1.

UNLOCK BRAKE

2.

THE CHAIR IS GENTLY LEANED BACKWARD AND MOVED TO THE EDGE OF THE FIRE STEP.



3.

ONE HELPER STEADIES THE CHAIR BY HOLDING THE RODS TO WHICH THE FOOT RESTS ARE ATTACHED.

NOTE: DO NOT LIFT CHAIR FROM BOTTOM POSITION.



4.

THE HELPER IN THE TOP POSITION CONTROLS THE DESCENT OF THE CHAIR BY BENDING THEIR LEGS SLOWLY AND TAKING MOST OF THE WEIGHT.



OFFICE CHAIR EVACUATION

* PERSON IN MOTORIZED WHEELCHAIR

* PERSON THAT APPEARS TO BE FRAGILE

1.

TRANSFER THE DISABLED INDIVIDUAL INTO A STURDY OFFICE CHAIR.

NOTE: SEE LIFTING TECHNIQUE DESCRIBED IN "TWO PERSON CARRY - FORE AND AFT"

2.

ONE HELPER GENTLY LEANS THE CHAIR BACKWARD.



3.

THE OTHER HELPER FACES THE CHAIR AND HOLDS ONTO THE FRONT LEGS OF THE CHAIR.



4.

THE HELPERS CONTROL THE DESCENT BY BENDING LEGS SLOWLY AND KEEPING BACK ERECT.

IMPORTANT: NEVER LEAVE EMPTY WHEELCHAIRS IN STAIRWELLS!

